

COMPONENT 3 – DIFFERENT WAYS OF EXPLAINING BEHAVIOUR

TYPE OF EXPLANATION	CRIMINAL BEHAVIOUR	SCHIZOPHRENIA	STRESS
<p>What is a biological explanation? A biological explanation says it is principally caused by genes or other physiological factors</p>	<p>A person behaves in a criminal way because:</p> <ol style="list-style-type: none"> 1 They have inherited criminal genes from their parents 2 A part of the brain called the Am-gygdala is not working properly leading to aggression and lack of fear 	<p>A person develops schizophrenia because:</p> <ol style="list-style-type: none"> a Imbalances in Dopamine levels in different parts of the brain causes positive and negative symptoms b Parts of the brain have not Devel-oped properly or have Deteriorated (broken down) 	<p>A person experiences stress because:</p> <ol style="list-style-type: none"> a The Sam System responds to stressors with the 'fight or flight' response which would have helped through evolution b The HPA Axis responds to chronic (long-lasting) stressors by increasing the amount of cortisol in our blood
<p>What is an individual differences explanation? An individual differences explanation says that a person displays a behaviour because of a psychological difference from other people e.g.</p> <ol style="list-style-type: none"> a. Their personality b. The way they think c. The way they have developed through psychodynamic stages 	<p>A person behaves in a criminal way because:</p> <ol style="list-style-type: none"> 1 They have a personality that: <ol style="list-style-type: none"> a. Gets bored easily (leading to dangerous activity) b. Over-reacts to situations c. Is aggressive and lacks empathy 2 They think differently from other people: <ol style="list-style-type: none"> a. Interpret the actions of others as hostile b. They underestimate the harm they're doing c. They have a low-level understanding of right and wrong 	<p>A person develops schizophrenia because:</p> <ol style="list-style-type: none"> 1 They become Fixated (stuck on) at a stage of development and Regress (go back) to it as adults 2 The filters we use to deal with unhelpful information aren't working properly 	<p>A person experiences stress because:</p> <ol style="list-style-type: none"> 1 They have low levels of Hardiness which is a personality trait (characteristic/thing) which helps us deal with stress 2 They have a Type A personality which means they experience stress more intensely
<p>What is a social psychological explanation? A social psychological explanation says that a person displays a behaviour because of the influence of the people and events around them</p>	<p>A person behaves in a criminal way because:</p> <ol style="list-style-type: none"> 1 They associate (spend time) with people who don't respect the law and learn deviant attitudes 2 Boys and girls are socialised differently which leads to males being much more likely to commit crime 	<p>A person develops schizophrenia because:</p> <ol style="list-style-type: none"> 1 They grew up in a Family that communicates in a way that leads to schizophrenia 2 People grow up in an environment that increases their chances of developing schizophrenia e.g.: <ul style="list-style-type: none"> Pollution Overcrowding Drug abuse Infection <p>OR</p> <ul style="list-style-type: none"> Social Isolation 	<p>A person experiences stress because:</p> <ol style="list-style-type: none"> 1 They experience big, demanding events – Life Events – which need a lot of energy to deal with 2 They experience lots of small stressors Daily Hassles which add together to wear someone down